

First Class
First Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Descriptive Anatomy	2.00	100.00	50.00	2.00
Introduction to Sports Management	2.00	100.00	50.00	2.00
Philosophy and history of physical education	2.00	100.00	50.00	2.00
English	2.00	100.00	50.00	2.00
Basics of Football - Boys	5.00	150.00	75.00	2.00
Basics of Kinetic Rhythm - Girls	5.00	150.00	75.00	2.00
Basics of Exercises	5.00	150.00	75.00	2.00
Basics of Track Competitions	5.00	150.00	75.00	2.00
Basics of Fencing	5.00	150.00	75.00	2.00

Second Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Human Physiology	2.00	100.00	50.00	2.00
Applied Statistics	2.00	100.00	50.00	2.00
Principles of kinetics	2.00	100.00	50.00	2.00
Principles of Teaching	2.00	100.00	50.00	2.00
Introduction to Sport Psychology	2.00	100.00	50.00	2.00
Basics of Volleyball	5.00	150.00	75.00	2.00
Basics of Wrestling - Boys	5.00	150.00	75.00	2.00
Basics of Rhythmic Gymnastics - Girls	5.00	150.00	75.00	2.00
Basics of Swimming	5.00	150.00	75.00	2.00
Basics of Bats Games	5.00	150.00	75.00	2.00
Human Rights	2.00	50.00	25.00	2.00
Summer Training	1.00	-	-	-

Second Class

First Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Sport Physiology (1)	2.00	100.00	50.00	2.00
Principles of Athletic Training	2.00	100.00	50.00	2.00
Basics of Physical Education Curriculum	2.00	100.00	50.00	2.00
Computer	3.00	-	-	-
Basics of Gymnastics	5.00	150.00	75.00	2.00
Basics of Basketball	5.00	150.00	75.00	2.00
Basics of Martial Arts	5.00	150.00	75.00	2.00
Basics of Weight Lifting- Boys	5.00	150.00	75.00	2.00
Basics of Kinetic Rhythm - Girls	5.00	150.00	75.00	2.00

Second Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Functional Anatomy	2.00	100.00	50.00	2.00
Principles of Athletic Recreation	2.00	100.00	50.00	2.00
Sport and Community Health	2.00	100.00	50.00	2.00
Computer	3.00	20.00	100.00	2.00
Basics of Handball	5.00	150.00	75.00	2.00
Basics of Boxing - Boys	5.00	150.00	75.00	2.00
Kinetic Arts - Girls	5.00	150.00	75.00	2.00
Basics of Field Competitions	5.00	150.00	75.00	2.00
Basics of Hockey	5.00	150.00	75.00	2.00

Third Class

First Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Methods of Teaching Physical Education (1)	4.00	200.00	100.00	3.00
Physical Education and Camps Programs	2.00	100.00	50.00	2.00
Physical Fitness	4.00	150.00	75.00	2.00

Management of Sports Competitions	2.00	100.00	50.00	2.00
Sport Psychology	2.00	100.00	50.00	2.00
Optional (1) : Teaching Team Sports	6.00	200.00	100.00	2.00
Optional (2) : Teaching Individual Sports	6.00	200.00	100.00	2.00
Training Skills & Internal Practical Education	4.00	150.00	75.00	2.00

Second Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Aids & Athletic Devices	4.00	150.00	75.00	2.00
Leadership in Sports	2.00	100.00	50.00	2.00
Injuries & First Aids	4.00	150.00	75.00	2.00
Basics of Evaluation in Physical Education	2.00	100.00	50.00	2.00
Raising strength	2.00	100.00	50.00	2.00
Optional (3) : Teaching Team Sports	6.00	200.00	100.00	2.00
Optional (4) : Teaching	6.00	200.00	100.00	2.00

Individual Sports				
Field Training for School Sport	4.00	100.00	60.00	

Fourth Class

First Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Curricula of Physical Education	4.00	200.00	100.00	3.00
Comparative Education and Education Systems	2.00	100.00	50.00	2.00
Scientific Research of Athletic Management Problems	2.00	100.00	50.00	2.00
Principles of Kinetic Analysis	4.00	150.00	75.00	2.00
Kinetic Learning	2.00	100.00	50.00	2.00
Optional (5) : Teaching Team Sports	6.00	200.00	100.00	2.00
Optional (6) : Teaching Individual Sports	6.00	200.00	100.00	2.00
Field Training for School Sport	4.00	-	-	-

Second Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam
--------	-----------------------	---------	---------	------

				Hours
Methods of Teaching Physical Education (2)	2.00	100.00	50.00	2.00
Curricula of Scout	4.00	150.00	75.00	2.00
Principles of Beginners' Training	2.00	100.00	50.00	2.00
Kinetic Education	4.00	200.00	100.00	3.00
Nutrition for Athletes	2.00	100.00	50.00	2.00
Optional (7) : Teaching Team Sports	6.00	200.00	100.00	2.00
Optional (8) : Teaching Individual Sports	6.00	200.00	100.00	2.00
Field Training for School Sport	4.00	200.00	100.00	

Department: Teaching Physical Education

Third Class

First Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Methods of Teaching Physical Education (1)	4	200	100	3
Physical Education Programs	2	100	50	2
Physical Fitness	4	150	75	2

Management of Sports Competitions	2	100	50	2
Sport Psychology	2	100	50	2
Optional (1) :Teaching Team Sports	6	200	100	2
Optional (2) :Teaching Individual Sports	6	200	100	2
Training Skills & Internal Practical Education	4	150	75	2

Second Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Aids & Athletic Devices	4	150	75	2
Leadership in Sports	2	100	50	2
Injuries & First Aids	4	150	75	2
Basics of Evaluation in Physical Education	2	100	50	2
Raising Strength	2	100	50	2
Optional (3) :Teaching Team Sports	6	200	100	2
Optional (4) :Teaching Individual	6	200	100	2

Sports				
Field Training for School Sport	4	100	60	

Fourth Class

First Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Curricula of Physical Education	4	200	100	3
Comparative Education and Education Systems	2	100	50	2
Scientific Research of Athletic Management Problems	2	100	50	2
Principles of Kinetic Analysis	4	150	75	2
Kinetic Learning	2	100	50	2
Optional (5) :Teaching Team Sports	6	200	100	2
Optional (6) :Teaching Individual Sports	6	200	100	2

Field Training for School Sport	4			
---------------------------------	---	--	--	--

Second Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Methods of Teaching Physical Education (2)	2	100	50	2
Curricula of Scout	4	150	75	2
Principles of Beginners' Training	2	100	50	2
Kinetic Education	4	200	100	3
Nutrition for Athletes	2	100	50	3
Optional (7) :Teaching Team Sports	6	200	100	2
Optional (8) :Teaching Individual Sports	6	200	100	2
Field Training for School Sport	4	200	100	

Department: Athletic Training

Third Class

First Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Athletic Training	2	100	50	2
Kinetics	4	200	100	3

Physical Fitness	4	150	75	2
Management of Sports Competitions	2	100	50	2
Sport Physiology (2)	2	100	50	2
Optional (1) :Teaching Team Sports	6	200	100	2
Optional (2) :Teaching Individual Sports	6	200	100	2
Training Skills & Internal Practical Education	4	150	75	2

Second Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Aids & Athletic Devices	4	150	75	2
Leadership in Sports	2	100	50	2
Injuries & First Aids	4	150	75	2
Basics of Evaluation in Physical Education	2	100	50	3
Planning of Athletic Training	2	100	50	3
Optional (3) :Teaching Team	6			

Sports				
Optional (4) :Teaching Individual Sports	6			
Field Training of Athletic Training	4	100	60	

Fourth Class

First Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Athletic Training (2)	4	200	100	3
Stimulants in Sports	2	100	50	2
Scientific Research of Athletic Management Problems	2	100	50	2
Principles of Kinetic Analysis	4	150	75	2
Kinetic Learning	2	100	50	2
Optional (5) :Teaching Team Sports	6			
Optional (6) :Teaching Individual Sports	6			
Field Training of Athletic Training	4			

Second Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Evaluation of Athletic Training Programs	4	200	100	3
Biomechanics	4	150	75	2
Principles of Beginners' Training	2	100	50	2
Psychology of Training and Competition	2	100	50	2
Nutrition for Athletes	2	100	50	2
Optional (5) :Teaching Team Sports	6	400	200	6
Optional (6) :Teaching Individual Sports	6	400	200	6
Field Training of Athletic Training	4	200	120	4

Department: Sport Management

Third Class

First Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Scientific Basis for Sport Management	2	100	50	2
Management of sports	4	200	100	3

organizations				
Physical Fitness	4	150	75	2
Management of Sports Competitions	2	100	50	2
Athletic Sociology	2	100	50	2
Optional (1)Management and Arbitration of Team Sports	6	200	100	2
Optional (2)Management and Arbitration of Individual Sports	6	200	100	2
Skills of Teaching & Internal Practical Training	4	150	75	2

Second Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Aids & Athletic Devices	4	150	75	2
Leadership in Sports	2	100	50	2
Injuries & First Aids	4	150	75	1
Basics of Evaluation in Physical Education	2	100	50	2
Psychology of Training and Competitions	2	100	50	3
Optional (3)Management and Arbitration of Team Sports	6	200	100	2
Optional (4)Management and Arbitration of Individual Sports	6	200	100	2
Field Training for Sport Management	4	100	60	

Fourth Class

First Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Sports Marketing	4	200	100	3
Camps Management	2	100	50	2
Scientific Research of Athletic Management Problems	2	100	50	2
Athletic Organizations	4	200	100	3
Recreation and Spare Times	2	100	50	2
Optional (5) Management and Arbitration of Team Sports	6	200	100	2
Optional (6) Management and Arbitration of Individual Sports	6	200	100	2
Field Training for Sport Management	4			

Second Semester

Course	Teaching Hours Weekly	Maximum	Minimum	Exam Hours
Administrative Development in Sports	2	100	50	2
Organizing laws & Bylaws of Sport and Youth Organizations	4	200	100	3
Principles of Beginners' Training	2	100	50	2
Sport Media & Public	4	200	100	3

Relations				
Nutrition for Athletes	2	100	50	2
Optional (7)Management and Arbitration of Team Sports	6	200	100	3
Optional (8)Management and Arbitration of Individual Sports	6	200	100	2
Field Training for Sport Management	4	200	120	